

MENU Week 3

Soya Milk and Non Dairy Margarine Used

Monday

AM Snack:- Toast

Vegetarian:- Veggie Burger, Chips & Salad

Dessert:- yoghurt

PM Snack:- Scones, Jam & Bananas

Tuesday

AM Snack:- Cereals

Main meal:- Chicken pie, mixed vegetables

Dessert:- Jam Sponge & Custard

PM Snack:- Crumpets & fruit cocktail

Wednesday

AM Snack:- Cereals

Vegetarian:- Veggie Sausage, Veggies, Roast Potatoes & Gravy

Dessert:- Carrot Cake

PM Snack:- Sandwiches & jelly

Thursday

AM Snack:- Cereals

Vegetarian:- Quorn Mince Veggie Lasagne, Mixed Veg

Dessert :- Yoghurt

PM Snack:- Beans on Toast & shortbread

Friday

AM Snack:- Cereals

Main:- Fish Goujons, Peas & Wedges

Dessert:- Angel Delight

PM Snack:- Soup & toast & crudités

FRIDAY SEND DOWN 3 BROWN LOAVES BREAD