

Appendix 9 Resources and Further Information

Resource	Website link
European Health Insurance Card (Application)	https://www.europeanhealthinsurancecard.org.uk/
Fit For Travel (NHS)	http://www.fitfortravel.nhs.uk/home.aspx
Food Safety	https://www.foodsafety.gov/blog/international_travel.html https://www.nhs.uk/Livewell/travelhealth/Pages/Food-and-water-abroad.aspx
Institute of Occupational Safety and Health (IOSH)	https://www.iosh.co.uk/
Suzy Lamplugh Trust	https://www.suzylamplugh.org/
Travel Health Pro	https://travelhealthpro.org.uk/countries
Travel Vaccinations (NHS)	https://www.nhs.uk/conditions/travel-vaccinations/

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