

Create a 'story of you' and write about all of the things that are important to you. Do you have anything you find hard? What special talents do you have? What has your biggest success been? What would you like to achieve in the future?

### COLOUR CHANGING FLOWERS

Why not pick different flowers that are blooming at the moment and use different things such as food dye or felt pens to dye them and change colours.



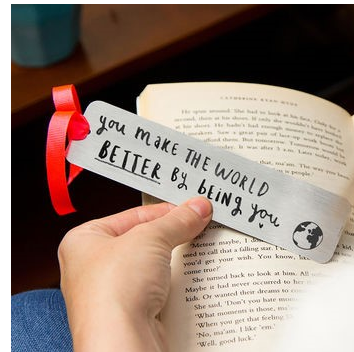
Create a playlist to uplift your mood. We would like you to find 30 songs, in total: 10 songs that make you happy; 10 songs that inspire you and 10 songs that calm you. Turn that list into a poster to keep on a wall or share with us so we can spread happiness and calm around the country!

### Think about the environment

Set up a suitable recycling station in your home and take them down to the local recycling bank. Separate them into plastics, tins, paper etc.



Create a book mark for family and friends with positive messages so every time they read their favourite books they will smile.



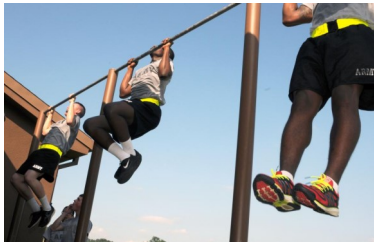
### Create a mini pond!

Why not bring wildlife to your garden. Have a go at making your own pond. See the link for instructions

<https://www.rspb.org.uk/fun-and-learning/for-families/family-wild-challenge/activities/make-a-mini-pond/>



Create your own keep fit regime incorporating some of your favourite exercises, get creative and get the family involved.



Check out these amazing virtual tours from places all over the world then write about what you have learned. <https://www.familydaystriedandtested.com/free-virtual-tours-of-world-museums-educational-sites-galleries-for-children/>

Word of the day! Learn a new word each day for a week ! Your words can be as funny, silly or strange as you like – try to learn a brand new word, or find out the meaning of a word you've heard before but didn't quite know what it meant. Get creative and find a way to share your words of the day with others.

**Computer Games design— Environmental challenge:**

Design a computer game based on improving the environment of our planet. Who are your main characters? What's the storyline? What age group is the game for? What key messages would you like to be learnt?



Write down a place you would like to visit and write 3 interesting facts about it

